

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

2019

You can pay for school meals through your IC account!



Breaded Chicken Sandwich  
OR Beef Nachos Supreme  
OR Italian Wrap  
OR Pepperoni Pizza  
OR Assorted Deli Sandwiches

Baby Carrots  
Green Beans

Cheesy Bites w/Marinara  
OR Crispy Chicken Tenders  
OR Taco Salad w/Chips  
OR Cheese Pizza (V)  
OR Assorted Deli Sandwiches

Fresh Broccoli  
Baked Beans

Grilled Cheese (V) w/Tomato Soup  
OR Mac N Cheese (V)  
OR Asian Chicken Salad w/Roll  
OR Hawaiian Pizza  
OR Assorted Deli Sandwiches

Crunchy Celery  
Sweet Corn

Juicy Hamburger/Cheeseburger  
OR Corn Dog  
OR Cheese Pizza (V)  
OR Assorted Deli Sandwiches

Baby Carrots  
Tator Tots

H & S Breaded Chicken Sandwich  
OR Pizza Pocket  
OR Chicken Caesar Wrap  
OR Pepperoni Pizza  
OR Assorted Deli Sandwiches

Fresh Broccoli  
Sweet Corn

Chicken Nuggets w/Roll  
OR Cheese Ravioli w/Breadstick (V)  
OR Popcorn Chicken Salad w/Roll  
OR Cheese Pizza (V)  
OR Assorted Deli Sandwiches

Cucumbers  
Refried Beans

**Delayed Start**  
Soup & Sandwich Combo:  
Chicken Noodle Soup  
OR Chicken & Cheese Taquitos  
OR Asian Chicken Salad w/Roll  
OR Hawaiian Pizza  
OR Assorted Deli Sandwiches

Crunchy Celery  
Green Beans

Juicy Hamburger/Cheeseburger  
OR Popcorn Chicken Bowl w/Roll  
OR Cheese Pizza (V)  
OR Assorted Deli Sandwiches

Baby Carrots  
Garlic Fries

**Offered Daily**  
Ice cold skim, 1%, or fat free chocolate milk, assorted fruit & veggies, turkey, roast beef, Italian trio, & ham & cheese deli sandwiches!

MLK Day  
NO SCHOOL

Crispy Chicken Tenders w/Roll  
OR Homemade Chili w/Cornbread  
OR Taco Salad w/Chips  
OR Cheese Pizza (V)  
OR Assorted Deli Sandwiches

Baby Carrots  
Baked Beans

**Minimum Day**  
**Grab N Go Lunch!**  
Rib-B-Que  
OR Asian Chicken Salad w/Roll  
OR Assorted Deli Sandwiches

Crunchy Celery  
Fresh Broccoli

**Minimum Day**  
**Grab N Go Lunch!**  
Juicy Hamburger/Cheeseburger  
OR Chef Salad  
OR Assorted Deli Sandwiches

Cucumbers  
Tator Tots

**Minimum Day**  
**Grab N Go Lunch!**  
Hot Dog  
OR Assorted Deli Sandwiches

Baby Carrots  
Fresh Broccoli

PD Day  
No School WHS & ZCES

Chicken Nuggets w/Roll  
OR Corn Dog  
OR Taco Salad w/Chips  
OR Cheese Pizza (V)  
OR Assorted Deli Sandwiches

Baby Carrots  
Garlic Fries

Orange Chicken & Rice Bowl  
OR Beef/Bean Tacos (V)  
OR Asian Chicken Salad w/Roll  
OR Hawaiian Pizza  
OR Assorted Deli Sandwiches

Crunchy Celery  
Sweet Potato Fries

Juicy Hamburger/Cheeseburger  
OR French Toast Sticks w/Sausage  
OR Chicken Caesar Salad w/Roll  
OR Cheese Pizza (V)  
OR Assorted Deli Sandwiches

Cucumbers  
Hash Brown

**Meal Prices:**  
Full Paid Lunch MS: \$2.95  
Full Paid Lunch: \$3.25  
Reduced Price Lunch: \$0.40  
Adult Lunch: \$4.00



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Menu subject to change without notice.  
This Institution is an equal opportunity employer.  
In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.