

### Monday

H&S Breaded Chicken Sandwich **1**  
 OR Pizza Pocket  
 OR Turkey Deli  
 OR Pepperoni Pizza  
 -----  
 Garden Salad  
 Steamed Broccoli  
 Assorted Fresh & Canned Fruit

Breaded Chicken Sandwich **8**  
 OR Beef Nachos Supreme  
 OR Turkey Deli  
 OR Pepperoni Pizza  
 -----  
 Garden Salad  
 Corn Off the Cobb  
 Assorted Fresh & Canned Fruit

### Tuesday

Crispy Chicken Tenders w/Roll **2**  
 OR Chicken Caesar Salad w/Roll  
 OR Roast Beef Deli  
 OR Cheese Pizza (V)  
 -----  
 Cool Cucumbers  
 Refried Beans  
 Assorted Fresh & Canned Fruit

Chicken Nuggets w/Roll **9**  
 OR Taco Salad w/Chips  
 OR Roast Beef Deli  
 OR Cheese Pizza (V)  
 -----  
 Baby Carrots  
 Roasted Broccoli Tops  
 Assorted Fresh & Canned Fruit

### Wednesday

Fish Sandwich **3**  
 OR Cheese Ravioli w/Breadstick (V)  
 OR Italian Sub  
 OR Hawaiian Pizza  
 -----  
 Garden Salad  
 Green Beans  
 Assorted Fresh & Canned Fruit

**Delayed Start** **10**  
 Teriyaki Chicken & Rice Bowl  
 OR Cheese Quesadilla (V)  
 OR Italian Sub  
 OR Hawaiian Pizza  
 Garden Salad  
 Refried Beans  
 Assorted Fresh & Canned Fruit

### Thursday

Popcorn Chicken Bowl w/Roll **4**  
 OR Corn Dog  
 OR Chicken Caesar Wrap  
 OR Cheese Pizza (V)  
 -----  
 Baby Carrots  
 Green Peas  
 Assorted Fresh & Canned Fruit

"Fried" Chicken Drumsticks **11**  
 OR Meatball Sub  
 OR Turkey BLT Wrap  
 OR Cheese Pizza (V)  
 -----  
 Cool Cucumbers  
 Mashed Potatoes w/Gravy  
 Assorted Fresh & Canned Fruit

### Friday

Juicy Hamburger/Cheeseburger **5**  
 OR Cheesy Bites w/Marinara (V) (N)  
 OR Ham & Cheese Deli  
 OR Buffalo Chicken Pizza  
 -----  
 Crunchy Celery  
 Garlic Fries  
 Assorted Fresh & Canned Fruit

Juicy Hamburger/Cheeseburger **12**  
 OR Hot Dog  
 OR Ham & Cheese Deli  
 OR Vegetarian Pizza (V)  
 -----  
 Crunchy Celery  
 Tator Tots  
 Assorted Fresh & Canned Fruit

H&S Breaded Chicken Sandwich **15**  
 OR Bean & Cheese Burrito (V)  
 OR Turkey Deli  
 OR Pepperoni Pizza  
 -----  
 Garden Salad  
 Sweet Potato Fries  
 Assorted Fresh & Canned Fruit

**Taste it Tuesday** **16**  
 Crispy Chicken Tenders w/Roll  
 OR BBQ Pulled Turkey Sandwich  
 OR Roast Beef Deli  
 OR Cheese Pizza (V)  
 Baby Carrots  
 Green Peas  
 Assorted Fresh & Canned Fruit

Orange Chicken & Rice Bowl **17**  
 OR Beef/Bean Tacos (V)  
 OR Italian Sub  
 OR Hawaiian Pizza  
 -----  
 Garden Salad  
 Spicy Refried Beans  
 Assorted Fresh & Canned Fruit

French Toast Sticks w/Sausage **18**  
 OR Chef's Salad w/Breadstick  
 OR Popcorn Chicken Wrap  
 OR Cheese Pizza (V)  
 -----  
 Cool Cucumbers  
 Crispy Hash Brown  
 Assorted Fresh & Canned Fruit

Juicy Hamburger/Cheeseburger **19**  
 OR Soft Pretzel w/cheese (V) (N)  
 OR Ham & Cheese Deli  
 OR Buffalo Chicken Pizza  
 -----  
 Crunchy Celery  
 Garlic Fries  
 Assorted Fresh & Canned Fruit

**OFFERED DAILY** **22**  
 Ice cold skim, 1%, or fat free chocolate milk offered daily.

**23**

**24**

**25**

You can pay for school meals through your IC account! **26**

# FALL BREAK!

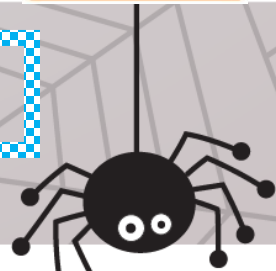
## Halloween

Breaded Chicken Sandwich **29**  
 OR Grilled Chicken Salad w/Roll  
 OR Turkey Deli  
 OR Pepperoni Pizza  
 -----  
 Garden Salad  
 Green Beans  
 Assorted Fresh & Canned Fruit

Chicken Nuggets w/Roll **30**  
 OR Mac N Cheese (V)  
 OR Roast Beef Deli  
 OR Cheese Pizza (V)  
 -----  
 Baby Carrots  
 Roasted Broccoli Tops  
 Assorted Fresh & Canned Fruit

Ghostly Grilled Cheese w/Tomato Soup (V) **31**  
 OR Cauldron Chicken & Cheese Taquitos  
 OR Zombie Italian Sub  
 OR Haunted Hawaiian Pizza  
 Goblin Garden Salad  
 Creepy Crawly Corn  
 Frankenstein's Fruit

**National School Lunch Week is Oct. 15<sup>th</sup> – Oct. 19<sup>th</sup>.**



**Meal Prices:**  
 Full Paid Lunch: **\$2.95**  
 Reduced Price Lunch: **\$0.40**  
 Adult Lunch: **\$4.00**

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Menu subject to change without notice.  
 This Institution is an equal opportunity employer.  
 In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.