

# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

MEMORY: Students will be able to define the three-box model of memory and explain the process of storage and retrieval of memory.

### KEY CONCEPTS:

- Three Box Model
- Sensory Storage
- Short Term Memory
- Long Term Memory
- Recognition
- Recall
- Déjà Vu
- Selective Attention
- Feature Extraction
- Confabulation

### NATIONAL STANDARDS

Cognitive Domain (Memory)

### PROVIDED RESOURCES

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 6
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Video: *Secrets of the Psychics*. Nova: 1993.

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## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

THE BRAIN: Students will be able to identify the major divisions of the Brain, how it functions, copes with stress and recovers from damage.

### KEY CONCEPTS:

- Cerebral Cortex
- 4 Lobes
- Limbic System
- Hemispheres
- Corpus Callosum
- Sub Cortex
- Cerebellum
- Brain Stem
- Frontal Lobotomy
- Damage to the Lobes
- Phineas Gage
- T.B.I.

### NATIONAL STANDARDS

Biopsychological Domain  
(Biological Bases of Behavior)

### PROVIDED RESOURCES

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 2
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Video Series: *The Brain: Our Universe Within*. Discovery Channel: 1997.
- Movie: *Rainman*. 1988: MGM Studios.
- Video: *Stranger in the Mirror*. PBS: 1993.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

NERVOUS SYSTEM: Students will be able to identify the various nervous systems and how they function within the body.

#### KEY CONCEPTS:

- Central Nervous
- Peripheral Nervous
- Somatic Nervous
- Autonomic Nervous
- Sympathetic Nervous
- Parasympathetic Nervous
- Fight or Flight Response
- Adrenaline

### NATIONAL STANDARDS

Biopsychological Domain  
(Biological Bases of Behavior)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 2
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

**NEURONS:** Students will be able to identify the specific parts of a neuron and describe the process of electrical impulses within the brain.

### KEY CONCEPTS:

- Neuron
- Cell Body
- Axon
- Myelin
- Terminal Button
- Synapse
- Dendrite
- Neurotransmitter Fluid
- Voluntary Actions
- Involuntary Actions

### NATIONAL STANDARDS

Biopsychological Domain  
(Biological Bases of Behavior)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 2
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Video Series: *The Brain: Our Universe Within*. Discovery Channel: 1997.
- Video: *Secrets of the Mind*. Nova: 2001.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVE

#### NEUROTRANSMITTERS:

Students will be able to identify the different chemicals within the brain and the specific illnesses attributed to a deficit or surplus of a specific neurotransmitter.

#### KEY CONCEPTS:

- Serotonin
- Dopamine
- Melatonin
- Acetylcholine
- GABA
- Depression
- Alzheimer's
- Post-Encephalitic Catatonia
- Parkinson's
- L-DOPA

### NATIONAL STANDARDS

Biopsychological Domain  
(Biological Bases of Behavior)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 2
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Video Series: *The Brain: Our Universe Within*. Discovery Channel: 1997.
- Movie: *Awakenings*. Columbia Pictures: 1990.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

PROBLEM SOLVING: Students will be able to identify the major theories of problem solving as well as the major impediments that can occur with problem solving.

### KEY CONCEPTS:

- Associationist
- Dr. Edward Thorndike
- Cognitive
- Dr. Wolfgang Kohler
- Mental Set
- Fixation
- Functional Fixedness
- Learned Helplessness
- Label Stripping
- Problem Formulation
- Brainstorming

### NATIONAL STANDARDS

Cognitive Domain (Thinking and Language)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 7
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

#### THINKING AND DREAMING:

Students will be able to identify the various types of thinking humans do as well as explain the Freudian theory of dreams and dream analysis.

#### KEY CONCEPTS:

- Thinking
- Directed Thinking
- Non-Directed Thinking
- Dreaming
- Day Dreaming
- Manifest Content
- Latent Content
- Dream Interpretation
- Re-occurring Dreams

### NATIONAL STANDARDS

Cognitive Domain (States of Consciousness)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 7, 4
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

LEARNING: Students will be able to identify and diagram the major types of human learning, as well as identify the variables that affect how humans learn.

### KEY CONCEPTS:

- Learning
- Stimulus
- Response
- Habituation
- Sensitization
- Classical Conditioning
- Dr. Ivan Pavlov
- Neutral Stimulus
- Unconditioned Stimulus
- Unconditioned Response
- Conditioned Stimulus
- Conditioned Response
- Generalization
- Dr. John Watson
- Baby Albert
- Extinction
- Spontaneous Recovery

### NATIONAL STANDARDS

Cognitive Domain (Learning)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 5
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Movie: *Cool Hand Luke*. Warner Brothers: 1967.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### KEY CONCEPTS OF LEARNING

#### CONTINUED:

- Operant Conditioning
- Dr. Edward Thorndike
- Dr. B.F. Skinner
- Spontaneous Behavior
- Consequence
- Reinforcement
- Positive Reinforcement
- Negative Reinforcement
- Punishment
- Aversive Control
- Avoidance
- Escape
- Rebellion
- Attention
- Attention Deficit Disorder
- Attention Deficit  
Hyperactivity Disorder
- Practice
- Feedback
- Mental Mazes
- Learning Curve

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVE

#### HUMAN DEVELOPMENT:

Students will be able to identify and chart the major physical milestones and cognitive theories of human development.

#### KEY CONCEPTS:

- Infant Reflexes
- Rooting
- Startle
- Palmer Grasp
- Tonic Neck
- Stepping
- Age reaches for objects
- Age rolls over by self
- Age begins crawling
- Age starts walking
- Age starts talking
- Age starts running/jumping
- Age of potty training
- Age of School Starting
- Age of Puberty
- Age of Menopause
- Average age of death

### NATIONAL STANDARDS

Developmental Domain  
(Lifespan Development)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 10
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### KEY CONCEPTS OF DEVELOPMENT CONTINUED:

- Dr. Jean Piaget
- Schema
- Assimilation
- Accommodation
- Sensorimotor Stage
- Object Permanence
- Pre-operational Stage
- Conservation
- Concrete Operations
- Formal Operations

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

PERSONALITY: Students will be able to identify the similarities and differences between the 9 major theories of personality development.

### KEY CONCEPTS:

- Personality
- Real vs. Ideal Personality
- Projective Test
- Objective Test
- Dr. Sigmund Freud
- Unconscious
- Id
- Ego
- Superego
- All Psycho-Sexual Stages of Development
- All Freudian Defense Mechanisms
- Dr. Alfred Adler
- Feelings of Inferiority
- Striving for Superiority
- Inferiority Complex

### NATIONAL STANDARDS

Sociocultural Domain (Individual Differences and Personality)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 11
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### KEY CONCEPTS OF PERSONALITY CONTINUED:

- Style of Life
- Social Interest
- Adler's Theory of Birthorder
- Dr. Karen Horney
- Horney's Neo-Freudian Stages
- Dr. Carl Jung
- Jung's Archetype Theory and unconscious mind
- Dr. Erik Erikson
- Erikson's 8 Stages of Man
- Dr. Carl Rogers
- Roger's Humanistic Theory of Personality
- Dr. Abe Maslow
- Maslow's Hierarchy of Needs
- Dr. William Sheldon
- Sheldon's Body-typing theory
- O.C.E.A.N Personality Trait

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

PSYCHOPATHOLOGY: Students will be able to explain the 4 elements that constitute abnormal behavior.

### KEY CONCEPTS:

- Psychological Distress
- Deviate from the Norm
- Behavior in Context
- Illness
- Condition
- Adjustment
- Sanity
- DSM-IV-TR
- Axis I
- Axis II
- Axis III
- Axis IV
- Axis V
- Axis VI
- Axis VII

### NATIONAL STANDARDS

Sociocultural Domain  
(Psychological Disorders/Treatment of Psychological Disorders)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 13, 14
- Textbook: *Essentials of Abnormal Psychology*. Mark Durand (Teacher Resource only!)
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Movie: *What About Bob?* Touchstone Pictures: 1994.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

#### ANXIETY DISORDERS:

Students will be able to compare and contrast the different types of Anxiety disorders by detailing the diagnostic criteria of each disorder.

#### KEY CONCEPTS:

- Anxiety
- Phobias
- OCD
- PTSD
- Panic Attack
- Panic Disorder
- Talk Therapy
- SSRI's
- Flooding
- Gradual Desensitization
- Avoidance Behaviors

### NATIONAL STANDARDS

Sociocultural Domain  
(Psychological  
Disorders/Treatment of  
Psychological Disorders)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 13, 14
- Textbook: *Essentials of Abnormal Psychology*. Mark Durand (Teacher Resource only!)
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Movie: *As Good As it Gets*. TriStar Pictures: 1998.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

#### PERSONALITY DISORDERS:

Students will be able to compare and contrast the different types of Personality disorders by detailing the diagnostic criteria of each disorder.

#### KEY CONCEPTS:

- Personality Disorders
- Clusters A,B,C
- Schizoid
- Schizotypal
- Paranoid
- Borderline
- Histrionic
- Narcissistic
- Antisocial
- Compulsive
- Avoidant
- Dependent
- Passive-Aggressive

### NATIONAL STANDARDS

Sociocultural Domain  
(Psychological Disorders/Treatment of Psychological Disorders)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 13, 14
- Textbook: *Essentials of Abnormal Psychology*. Mark Durand (Teacher Resource only!)
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Movie: *Catch Me if you Can*. Dream Works Entertainment: 2003.

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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

MOOD DISORDERS: Students will be able to compare and contrast the different types of Mood disorders by detailing the diagnostic criteria of each disorder.

### KEY CONCEPTS:

- Dysthymia
- Major Depression
- Bi-Polar I
- Bi-Polar II
- SSRI
- ECT
- Talk Therapy
- Lithium
- Importance of diet and exercise in battling onset of depression

### NATIONAL STANDARDS

Sociocultural Domain  
(Psychological Disorders/Treatment of Psychological Disorders)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 13, 14
- Textbook: *Essentials of Abnormal Psychology*. Mark Durand (Teacher Resource only!)
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
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# INTRODUCTION TO PSYCHOLOGY

## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES

#### DISSOCIATIVE DISORDERS:

Students will be able to compare and contrast the different types of Dissociative disorders by detailing the diagnostic criteria of each disorder.

#### KEY CONCEPTS:

- Dissociation
- Types of Amnesia
- Fugue States
- Dissociative Identity Disorder
- Types of common alters presented
- Journaling
- Re-Integration

### NATIONAL STANDARDS

Sociocultural Domain  
(Psychological Disorders/Treatment of Psychological Disorders)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 13, 14
- Textbook: *Essentials of Abnormal Psychology*. Mark Durand (Teacher Resource only!)
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Movie: *3 Faces of Eve*. 20<sup>th</sup> Century Fox: 1957.
- Movie: *Sybil*. WB: 1977.

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## CRITICAL CONTENT GUIDE

### MASTERY OBJECTIVES:

SCHIZOPHRENIA: Students will be able to compare and contrast the different types of Schizophrenic disorders by detailing the diagnostic criteria of each disorder.

### KEY CONCEPTS:

- Schizophrenia
- Positive Symptoms
- Negative Symptoms
- Delusions
- Hallucinations
- Word Salad
- Undifferentiated
- Disorganized
- Catatonic
- Stupor
- Excited
- Paranoid
- Thorazine
- Insulin Shock
- Neuroleptics

### NATIONAL STANDARDS

Sociocultural Domain  
(Psychological Disorders/Treatment of Psychological Disorders)

### RESOURCES PROVIDED

- Textbook: *Psychology An Introduction*. Morris, Charles. Chapter 13, 14
- Textbook: *Essentials of Abnormal Psychology*. Mark Durand (Teacher Resource only!)
- *Activities Handbook for the Teaching of Psychology: Vol. 1,2,3*. Ludy Benjamin. 1981.
- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Movie: *A Beautiful Mind*. Universal: 2002.
- Movie: *Shine*. WB: 1997

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## MASTERY OBJECTIVES

### HISTORY OF TREATMENT:

Students will be able to list and describe the evolution of treatment of mental illness as well as explain the current methods psychologists use to treat the mentally ill.

### KEY CONCEPTS:

- Demonic Possession
- Psychosurgery
- Hippocrates
- Mania
- Melancholia
- Hysteria
- Lunacy
- Identify the 4 Bodily Humors
- Enlightenment
- Asylums
- Hospitals
- Psychopharmacology
- Insulin and ECT

## **CRITICAL CONTENT GUIDE**

### NATIONAL STANDARDS

Sociocultural Domain  
(Psychological Disorders/Treatment of Psychological Disorders)

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- *The Encyclopedic Dictionary of Psychology*. Terri Pettijohn. 1991.
- *The Standard Deviants: The Stimulating World of Psychology*. 1997. (Book and Video Tape.)
- Video Series: *Discovering Psychology*. PBS: 1990.
- Movie: *One Flew Over the Cuckoo's Nest*. Warner Brothers: 1975.

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